



Behavior Data Tracking FAQs

Why do I need to take behavior data?

Regardless of the service element, (OR570/OR310) or location (24-hour group home or in-home care) behavior data must be collected in order to justify the need for behavior services. It also allows the behavior professional to see what functional alternative behaviors (FABs) are successful and which ones need to be changed.

What is a tally mark?

A tally mark is a numerical system used for counting.

1	I	6	I
2	II	7	II
3	III	8	III
4	IIII	9	IIII
5		10	

I am responsible for tracking physical aggression as challenging behavior. Do I track every punch/kick/scratch or one incident?

This depends on the definition of physical aggression in the functional behavior assessment (FBA).

For example, Johnny's definition of physical aggression says the offset of the behavior is when there are no documented incidences after ten minutes. Johnny is repeatedly kicking/scratching/biting his DSP for an hour straight. He stops kicking/scratching/biting for ten minutes when mom walks into the room and tries to de-escalate the situation. When mom leaves, Johnny starts kicking/scratching/biting his DSP again. These are *two* documented incidences because there was a lapse of ten minutes between each behavior incident, thus resulting in two tally marks.

Per documentation requirements outlined in the positive behavior support plan (PBSP), it may be appropriate to additionally provide an incident report or GER explaining the specifics of the incident. If there is no agency involvement (parents and no DSP support), document the incident with as much detail as possible in an email to the behavior professional and the case manager.

Where do I send behavior data sheets?

All sheets need to be tallied, counted, and sent to the behavior professional via email at the start of every month. Please save a copy of all behavior data sheets even after sending them.



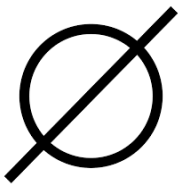
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What does the behavior professional do with the data?

Behavior data is reviewed every 90 days (approximately three months) from the time the PBSP is finalized. All ISP team members will receive a bar graph pictorial representation of the increase or decrease in challenging behaviors within the three months. Additionally, all behavior charts are provided during the annual ISP meeting to determine if the PBSP needs to be altered in any way.

I did not see any incidences of _____ challenging behavior during a specific day or during the month. Do I leave it blank?

Great question! Please mark a zero with a line through it. This is to make sure there are no errors in the documentation.



My client is supposed to practice mindfulness (or any other FAB) three times a day, but he refused to participate. How do I document this?

On the FAB documentation sheet, there is a section for offered and completed. As the support professional or caretaker, you would mark a tally under "offered". For most data sheets, there are three different shifts (morning, afternoon, and evening). If the caretaker offered a mindfulness activity once at 10am, once at 2pm, and again at 8pm, there would be a tally mark in each shift column for that day. If the client (person supported) completed a mindfulness activity at 10am and 8pm, there would only be tally marks for the morning and evening shift.

The purpose of offered/completed on a FAB sheet is to give support professionals/caretakers credit for attempting FABs even if the person supported refuses to participate. This documentation is important for the behavior professional to determine if a different FAB needs to be implemented or not.

		Mindfulness	
Date	Tracking	Offered	Completed
	Page TOTAL		
1	7am - 3pm	I	I
	3pm - 8pm	I	
	8pm - 7am	I	I